

## Cappella Nova Outreach Newsletter, Spring 2024

It's good to be able to say that Spring is once more in the air, and we hope that you have been able to enjoy participating in or attending some live music-making events – perhaps both? Whilst we have also been updating the [Cappella Nova Outreach Web Page](#), here are some more rays of musical sunshine that we can share with you...

### *A Big Spring Sing...*

It's nearly time again for our annual Spring-time 'big sing'. *A Big Spring Sing* returns on **Tuesday 26 March 2024 10.30am-12.45pm**, under the guidance of the Cappella Nova Outreach Team Leaders. Come and enjoy the health benefits of singing as they share tips for preparing to sing (gentle warming-up, breathing and vocal exercises to encourage good use of the voice) and introduce accessible songs for all to join in with. There is no need to be able to read music, since everything will be sung by the Leaders so that the recalling of the songs is achieved "by ear". Then sit back and enjoy some less usual songs which participants in *The Morning Choir*, *Health and Wellbeing through Song* and *The Joy of Jazz through Song* have been learning this term. The Workshop will take place in Glasgow's Renfield Centre, and we all take a tea/coffee break half way through the Workshop. [Tickets available here](#).

### *Cappella Nova Outreach in association with Musica Sacra Scotland...*

Cappella Nova Outreach's 'community liturgical choir' *St Columbkille's Schola Cantorum* continues to meet approximately once a month to sing at the 4.00pm Sunday Mass in the magnificently beautiful, neo-Romanesque [St Columbkille's Church](#) in Rutherglen, G73 2SL. Anyone who loves singing (it's ecumenical in every way – you don't have to be religious, just respectful of the context) is welcome to participate with us in this: simply indicate that on Cappella Nova's [Contact Form](#), and we shall gladly add you to the Schola circulation list with no obligation. As part of the pre-Mass rehearsal there are always tips on healthy singing. There's no charge/subscription. Our next dates are **Sunday 24 March 3.00 for 4.00pm and Good Friday 29 March 2.00 for 3.00pm**.

### *Cappella Nova Outreach at and in association with Strathclyde University's Centre for Lifelong Learning...*

[Bookings are open already](#) for Cappella Nova Outreach's spring-time group-singing offering, a "long weekend" of...

*Classic Disney...*: Thursday 18, Friday 19, Monday 22, Tuesday 23 April 10.30am-1.00pm, led by Libby Crabtree.

An opportunity to enjoy learning and singing some of the classic songs from beloved Disney shows (*The Lion King*, *Aladdin* and *Mulan*), as well as less familiar shows such as *Newsies* – plus song requests from participating Students!

And watch out for...

*The Summer Morning Choir*: Tuesdays 2 July to 6 August, 10.30am-12.30pm, led by Bill Jones, [soon booking here](#).

## *Cappella Nova Outreach in association with Alzheimer Scotland...*

Bill Jones is also Leader of our popular monthly fun singalong sessions, *We Sing Together Café*. A warm welcome is extended to all regular participants in our various other group-singing activities and friends who would like to support and join in in these. Led by both Bill & Hilary Jones at Alzheimer Scotland's Resource Centre at 81-91 Oxford Street Glasgow G5 9EP (handy for buses and Bridge Street Station Subway, and a 10-minute walk across the Clyde from Glasgow Central Station), the next Session takes place on **Friday 19 April 1.30 for 2.00-3.00pm**, and thereafter on the third Friday of the month. If you would like to participate in these Sessions at any time and are not already on the specific circulation list, simply indicate this on [Contact Form](#).

## *...and finally*

Cappella Nova the organisation is overseen by a loyal Board of Directors, whose combined areas of expertise are musical, financial, legal and management. With Cappella Nova's increased emphasis on Outreach, we would very much like to recruit a new, additional Director who can bring some knowledge and experience of educational, community or health practice. We would be glad to speak with anyone who would like to know more about this, without obligation, in which case email me, or indicate this on the [Contact Form](#).

With every good wish.

Alan Tavener

Conductor: Cappella Nova, and Director: Cappella Nova Outreach.

**Cappella Nova is a charitable body, registered in Scotland, number SC005380,  
at 35 Crosbie Street, GLASGOW G20 0BQ.**

<https://cappella-nova.com/>