#### Cappella Nova Outreach Newsletter, Autumn 2024

Although this is the Autumn 2024 Newsletter, we hope you are still enjoying Summer, but it is not too soon to be circulating news of Autumn group-singing opportunities for all, as well as highlighting some more imminent ones. Here they are, in chronological order...

#### Cappella Nova Outreach in association with Alzheimer Scotland...

A warm welcome is extended to all participants from our various group-singing activities and their friends who would like to support and join in with these fun singalong sessions, *We Sing Together Café*, led by Bill & Hilary Jones at Alzheimer Scotland's Resource Centre at 81-91 Oxford Street Glasgow G5 9EP (handy for buses and Bridge Street Station Subway, and a 10-minute walk across the Clyde from Glasgow Central Station).

Generally taking place on the third Friday of each month, **the next Session will be on Friday 16 August** 1.30 for 2.00-3.00pm, and dates for the remainder of the year are listed on this **Poster**. If you would like to participate in these Sessions at any time and are not already on the specific circulation list, simply indicate this on **Contact Form**.

### Cappella Nova Outreach in association with Musica Sacra Scotland...

Cappella Nova Outreach's 'community liturgical choir' *St Columbkille's Schola Cantorum* continues to meet approximately once a month to sing at the 4.00pm Sunday Mass in the magnificently beautiful, neo-Romanesque <u>St Columbkille's Church</u> in Rutherglen, G73 2SL.

Anyone who loves singing (it's ecumenical in every way – you don't have to be religious, just respectful of the context) is welcome to join in: simply indicate that on Cappella Nova's <a href="Contact Form">Contact Form</a>, and we shall gladly add you to the Schola circulation list with no obligation. As part of the pre-Mass rehearsal there are always tips on healthy singing. There's no charge/subscription. Our next dates are Sundays 25 August and 8 September.

#### Introducing a new Outreach Leader to our Team...



We are delighted and excited that Paul Keohone will join the Cappella Nova Outreach Team, taking over from Anne Lewis. After eight years as the very popular Leader of Health and Wellbeing Through Song, Anne Lewis has decided that that time has come for a change. Paul is a wonderful choir-leader: he has sung with many national and international vocal groups, and is well-known locally as a conductor, singer and vocal coach, working with such diverse organisations as NHS Scotland, the National Youth Choir of Scotland, and Hearts and Minds. Given his considerable experience in encouraging beginners and those who are struggling with their vocal health, participants in Health and Wellbeing Through Song can look forward to the joy and

enrichment of finding or rediscovering their voices – tell your friends about it!

# Cappella Nova Outreach at and in association with Strathclyde University's Centre for Lifelong Learning...

<u>Bookings</u> are open from 21 August (preview and enquiries from 19 August) for a wide range of group-singing opportunities in the Autumn and New Year Terms:-

*The Morning Choir*: 10.30am-12.30pm on Tuesdays 8 October to 10 December 2024, led by Alan Tavener. A rare opportunity to participate in a daytime choir in Glasgow: "open access" (no auditions) although it is suggested that those with no experience of singing in a choir take one of the *Health and Wellbeing through Song* classes first.

*Songs of the Great Musicals*: 10.30am-12.30pm on Wednesdays 9 October to 4 December 2024 led by Bill Jones. An opportunity to explore the stories behind the creation of some of the great stage and film musicals through active participation in a selection of the songs. No musical prerequisites – simply a willingness to have a go!

Health and Well-being through Song for Beginners: 10.30am-12.30pm on Thursdays 10 October 2024 to 12 December 2024, led by Paul Keohone. Come along and experience first-hand how singing can help to improve your vocal and physical health, singing confidence and listening ability, and discover that singing with others is both fun and uplifting. No previous singing experience required.

Health and Well-being through Song for Improvers: 1.30-3.30pm on Thursdays 10 October 2024 to 12 December 2024, led by Paul Keohone. Offering an achievable degree of challenge as well as an emphasis on the enjoyment of unison and harmony singing, with special attention given to breathing and posture – friendly and encouraging choral fun!

*The Morning Choir*: 10.30am-12.30pm on Tuesdays 28 January 2025 to 1 April 2025, led by Alan Tavener.

*The Joy of Jazz through Song III*: 10.30am-12.30pm on Wednesdays 29 January 2025 to 26 March 2025, led by Bill Jones. Another exploration of Jazz through the songs associated with it through active participation in a selection of the songs. No musical prerequisites – simply a willingness to have a go!

*Health and Well-being through Song for Beginners*: 10.30am-12.30pm on Thursdays 30 January 2025 to 3 April 2025, led by Paul Keohone.

*Health and Well-being through Song for Improvers*: 1.30-3.30pm on Thursdays 30 January 2025 to 3 April 2025, led by Paul Keohone.

## Farewell to The Scottish Plainsong Choir, Cappella Nova's 'community choir'...

For 25 years, the Scottish Plainsong Choir enjoyed singing in exotic locations throughout Scotland and the North of England – both mainland and islands! The Choir was formed to provide an additional dimension to a selection of Cappella Nova and Canty performances, and eventually developed an existence all of its own. The Scottish Plainsong Choir was unique for being open to all without audition and for being assembled afresh from one project to another, bringing together participants from



all walks of life attracted by the rare opportunity to sing Gregorian Chant and other types of medieval music in historic and inspiring spaces.

A compilation of some of the Choir's key activities of the past ten years will be available to view on in the Community and Outreach section of <u>Cappella Nova's Website</u>.

With every good wish.

Alan Tavener

Conductor: Cappella Nova, and Director: Cappella Nova Outreach.