

*Cappella Nova Outreach at St Bride's*

# *Sing for Your Life!*

*... and your health, and for fun,  
and to meet like-minded people!*

**Thursdays, 2.00 for 2.15-3.15pm**

**9 January, 13 February, 13 March,**

**10 April, 15 May, 12 June, 10 July 2025**

**St Bride's Church, Hyndland Road, GLASGOW G12 9UX**

*... featuring a wide range of favourite songs*



**Led by Alan and Rebecca Tavener, this singing-for-fun session is FREE to all, requires no experience of music or singing, and is a cheerful, relaxed get-together to enjoy the happiness and health benefits of singing. Refreshments will be available.**

**Feel free to make contact in advance, [cappella.nova@strath.ac.uk](mailto:cappella.nova@strath.ac.uk)**

*...or, just turn up!*