

Cappella Nova Outreach Newsletter, Autumn 2025

It may seem unseasonal to be releasing this Autumn 2025 Newsletter just now, but we have a number of group-singing opportunities for all coming up in the next few weeks. As well as sharing these with you just now, we also have news of 'firm favourites' starting up again in a couple of months' time...

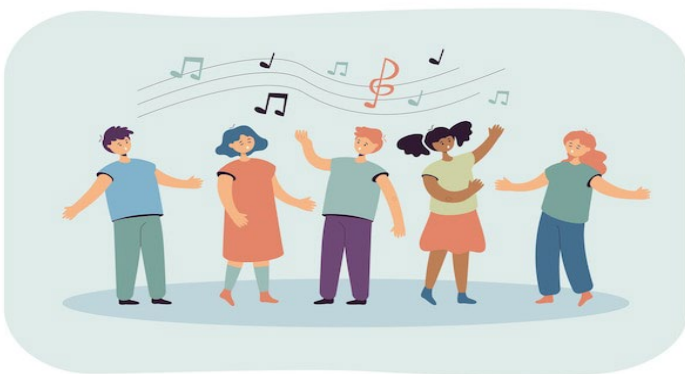
Cappella Nova Outreach in association with Alzheimer Scotland...

A warm welcome is extended to all participants from our various group-singing activities and their friends who would like to support and join in with these fun singalong sessions, *We Sing Together Café*, led by Bill & Hilary Jones at Alzheimer Scotland's Resource Centre at 81-91 Oxford Street Glasgow G5 9EP (handy for buses and Bridge Street Station Subway, and a 10-minute walk across the Clyde from Glasgow Central Station).

Generally taking place on the third Friday of each month, **the next Session will be on Friday 15 August 2025** 1.30 for 2.00-3.00pm, and dates for the remainder of the year are listed on the current [Poster](#). If you would like to participate in these Sessions at any time and are not already on the specific circulation list, simply indicate this on Capella Nova's [Contact Form](#).

Cappella Nova Outreach at St Bride's...

There is one more opportunity to join in with [Come and Sing Evening Prayer!](#) on **Sunday 17 August 2025** at St Bride's Church in Glasgow's West End, 69 Hyndland Road, Glasgow G12 9UX. We shall gather at **2.45pm** for a short rehearsal of the psalm/Magnificat chants and Marian Antiphon which I shall lead, and the Service will take place from **3.30-4.15pm**. All will be made most welcome, so if you would like to participate, simply indicate this on [Contact Form](#), and we can then ensure that we have sufficient copies of the tunes/words to hand.



A new season of [Sing for your Life!](#), our popular monthly sing-along sessions in St Bride's will start on **Thursday 9 October 2025** and continue to be held on the first or second Thursday of the month thereafter. Doors open at **2.00pm for a 2.15pm start**. There is no admission charge, and refreshments are served at the end. Comprising an hour of fun singing together with positivity,

healthy singing tips, and a jolly good laugh, *Sing for your Life!* is led jointly by Rebecca Tavener and me. If you would like to participate in these Sessions at any time and are not already on the specific circulation list, simply indicate this on the [Contact Form](#).

BUT....

...there is no need to wait until October to enjoy *Sing for your Life!*

On **Sunday 7 September 2025** we shall be staging **'Food, Glorious Food!'** a 'pre-season' outing of *Sing for your Life!*, **2.00pm for a 2.15pm start**. This special session will be part of **Music for Mary's Meals**, a full afternoon of musical events taking place across the road in Station Park and [Nostrana](#), and in support of [Mary's Meals](#). We're planning a delicious programme of songs about food and drink and we're looking forward to welcoming anyone and everyone for a good sing on a favourite subject. Maybe we'll have the 'Teddy Bear's Picnic', 'Just a spoon full of sugar', 'Yes, we have no bananas', 'Rare old mountain dew', Campbelltown Loch', and 'The Jeely Piece Song'? As always, do make a request!



We would like to hear from anyone interested in taking part in a Singing Workshop followed by a [Concert](#) with [CANTY](#) on **Saturday 20 September 2025** - this is an opportunity for all to participate in the Hildegard of Bingen celebration which is being presented as part of [Doors Open Days | St Bride's Scottish Episcopal Church](#). The Workshop will take place from 12.30-2.30pm. Participants will then have the option to continue in a short rehearsal with Cauty and, following a longer break, to participate in the Concert at 4.00pm. The entire event will end by 6.15pm with a wee reception! A flyer is attached for the Concert, and if you would like to participate in the Workshop simply indicate this on the [Contact Form](#), so that we can ensure the necessary number of music copies are available.

Cappella Nova Outreach in association with Musica Sacra Scotland...

Cappella Nova Outreach's 'community liturgical choir' *St Columbkille's Schola Cantorum* continues to meet approximately once a month to sing at the 4.00pm Sunday Mass in the magnificently beautiful, neo-Romanesque [St Columbkille's Church](#) in Rutherglen, G73 2SL.

Anyone who loves singing (it's ecumenical in every way – you don't have to be religious, just respectful of the context) is welcome to join in: simply indicate that on the [Contact Form](#), and we shall gladly add you to the Schola circulation list with no obligation. As part of the pre-Mass rehearsal there are always tips on healthy singing. And there's no charge/subscription. **Our next dates are Sundays 24 August and 14 September 2025**, and further dates will be arranged soon.

Cappella Nova Outreach at and in association with Strathclyde University's Centre for Lifelong Learning...

Preview is already open for a [wide range of group-singing opportunities](#) taking place in the Autumn and New Year Terms. Bookings will open on **Monday 18 August 2025** for...

The Morning Choir: 10.30am-12.30pm on Tuesdays 7 October 2025 to 9 December 2025, led by Alan Tavener. A rare opportunity to participate in a daytime choir in Glasgow: "open access" (no auditions) although it is suggested that those with no experience of singing in a choir take one of the *Health and Wellbeing through Song* classes first. We will sing a wide range of accessible songs for informal performance, ranging from the Age of Swing to songs from The Shows – from spiritual songs to Christmas carols.

The Joy of Jazz through Song IV: 10.30am-12.30pm on Wednesdays 8 October 2025 to 10 December 2025 led by Bill Jones. Following on from the success of his previous courses, come and explore the story of jazz, encounter the great musicians associated with it and experience the joy and freedom of singing and improvising with others in a selection of the songs. There are no musical pre-requisites – simply a willingness to have a go!

Health and Well-being through Song for Beginners: 10.30am-12.30pm on Thursdays 9 October 2025 to 11 December 2025, led by Paul Keohone. A singing class for the beginner, the less experienced singer and those wishing to return to singing after an extended break. Each two-hour session will emphasise the health and well-being aspects of regular singing with attention to breathing and posture. In an informal environment we will look at well-known as well as unfamiliar material from a variety of sources providing some degree of challenge in addition to the enjoyment of making music together. Suitable for new and returning participants.

Health and Well-being through Song for Improvers: 1.30-3.30pm on Thursdays 9 October 2025 to 11 December 2025, led by Paul Keohone. If you are looking for an opportunity to have the experience of group-singing again after an extended period away from a choir? Or do you currently sing in a choir, but would like help to get more from your singing? If so, then this class is for you. In an informal environment, we will provide some degree of challenge whilst emphasising the enjoyment of singing together in well-known as well as less familiar material from a variety of sources. Special attention will be given to breathing and posture. This class is also suitable for those who have taken *Health and Wellbeing through Song for Beginners* in previous years.

Showtime! – Musical Theatre Performance Workshop: 10.30am-12.30pm Mondays 26 January 2026 30 March 2026. Love The Musicals, old and new? Come and join us for a dip into the three disciplines of musical theatre – singing, movement and acting. In this Workshop you will explore the fundamentals of these skills through some of the best known golden oldies to the more contemporary classics. Find your inner stage animal and sing out some glorious tunes. No previous performance experience necessary, just a love of singing and an enthusiasm for lots of fun and creative interaction!

The Morning Choir: 10.30am-12.30pm on Tuesdays 27 January 2026 31 March 2026, led by Bill Jones.

Health and Well-being through Song for Beginners: 10.30am-12.30pm on Thursdays 29 January 2026 2 April 2026, led by Paul Keohone.

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And finally, our new-look Website...

We hope you will like our recently revamped Website, <https://cappella-nova.com/>



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With every good wish.

Alan Tavener

Conductor: Cappella Nova, and Director: Cappella Nova Outreach.

**Cappella Nova is a charitable body, registered in Scotland, number SC005380,
at 35 Crosbie Street, GLASGOW G20 0BQ.**

<https://cappella-nova.com/>