

Cappella Nova Outreach Newsletter, Autumn 2026

We Sing Together Café

Continuing this **Friday, 21 August** 1.30pm for 2.00-3.00pm (and generally taking place on the third Friday of each month), a warm welcome is always extended to participants from our various group-singing activities and their friends who would like to support and join in with these fun singalong sessions. Led by Bill & Hilary Jones and taking place at Alzheimer Scotland's Resource Centre at 81-91 Oxford Street Glasgow G5 9EP (which is handy for buses and Bridge Street Station Subway, and a 10-minute walk across the Clyde from Glasgow Central Station), we have arranged [further dates](#) up until Christmas.

Come and Sing Medieval Pilgrim Songs singing workshop

We would like to hear from anyone interested in taking part in this Workshop, which I shall lead as part of [Doors Open Days - St Bride's Glasgow](#) on **Saturday 19 September** from 1.00-3.00pm. It's a rare opportunity for all to encounter medieval songs associated with pilgrimage from Italy, Spain, France, Ireland and Scotland. There will be laude from the ambulatory 'praise band' repertoire invented by St Francis of Assisi; walking ditties from pilgrim routes (often scurrilous songs reinvented with sacred words); songs about saints and, to crown it all, a snippet of rare chant from Ireland, written for the Feast of St Helena whose pilgrimage uncovered the relics of the True Cross. If you would like to participate, simply indicate this on the [Contact Form](#), and we can ensure the necessary number of music copies are available.



The Workshop will be followed by the option to participate in an informal Concert (4.00pm-c5.00pm) with The Schola Cantorum of St Bride, devised and directed by Rebecca Tavener (soprano) with Karen Marshalsay (harps) and Andrew Lockyer & Gillean McDougall (readers). We'll be inviting everyone to make a lot of noise for the final piece, a jolly dance number called 'Ad mortem festinamus', with improvised percussion and a procession around the church! No musical/singing experience required, just a bring enthusiasm. Come on our singing pilgrimage with us – we promise a few laughs, plenty of vocal fun and no blisters...

Sing for your Life!

Also at St Bride's, our popular monthly series of *Sing for your Life!* will resume on **Thursday 3 September** 2.00pm for 2.15pm, with [further dates](#) up until Christmas arranged. Led by



Rebecca Tavener and me, every session features an hour of fun singing together with positivity, healthy singing tips, and a jolly good laugh. It isn't a choir and it's not a rehearsal – ANYONE can take part! There is no admission charge, and refreshments are served at the end.

Cappella Nova Outreach in association with the University of Strathclyde Centre for Lifelong Learning...

Another **wide range of group-singing opportunities** taking place in the Autumn Term are **now on sale:-**

- ***SHOWTIME! ACT 2 – Musical Theatre Performance Workshop*** – we are poised for Act 2 of the Musical Theatre workshop! Enjoy singing, movement and acting with some new selections from the Musical Theatre repertoire. Here, you will develop your performing skills through some of the best-known golden oldies to the more contemporary classics. Find your inner stage animal and sing out some glorious tunes. No previous performance experience necessary, just a love of singing and an enthusiasm for lots of fun and creative interaction!
Mondays 5 October to 7 December, 10.30am-12.30pm, led by Carole Irvine.
- ***The Morning Choir*** – a rare opportunity to participate in a daytime choir in Glasgow: “open access” (no auditions) although it is suggested that those with no experience of singing in a choir take one of the *Singing for Health and Wellbeing* sessions first. We will sing a wide range of accessible songs for informal performance, ranging from the Age of Swing to songs from The Shows – from spiritual songs to Christmas carols.
Tuesdays 13 October to 15 December, 10.30am-12.30pm, led by Alan Tavener.
- ***Singing for Health and Wellbeing*** – a singing class for the beginner, the less experienced singer and those wishing to return to singing after an extended break. Each two-hour session will emphasise the health and well-being aspects of regular singing with attention to breathing, posture, and producing a clear and supported tone. In an informal environment we will look at well-known as well as unfamiliar material from a variety of sources providing some degree of challenge in addition to the enjoyment of making music together. Suitable for new participants and those who have previously participated in the *Health and Wellbeing through Song* Classes.
Thursdays 8 October to 10 December 2026, 10.30am-12.30pm, led by Paul Keohone.

More details to follow in the next Cappella Nova Outreach Newsletter!

With every good wish for a musical and healthy Autumn.

Alan Tavener

Conductor: Cappella Nova, and Director: Cappella Nova Outreach
info@cappella-nova.com

**Cappella Nova is a charitable body, registered in Scotland, number SC005380,
at 35 Crosbie Street, GLASGOW G20 0BQ.**

<https://cappella-nova.com/>